



TELE HEALTH THERAPY CONSENT FORM

I, _____, hereby consent to engage in tele-therapy with Larry Fisch, MSW, LCSW of Child and Family Counseling Center, LLC.

Tele-therapy is a form of psychotherapeutic service provided via internet technology, which can include consultation, treatment, transfer of medical data, emails, telephone conversations and/or education using interactive audio, video, or data communications. I also understand that tele-therapy involves the communication of my medical/mental health information both orally and/or visually.

Tele-therapy has the same purpose or intention as psychotherapy or psychological treatment sessions that are conducted in person. However, due to the nature of the technology used, I understand that tele-therapy may be experienced somewhat differently than face-to-face treatment sessions.

I understand that I have the following rights with respect to tele-therapy:
Client's Rights, Risks, and Responsibilities:

1. I, the client, need to be a resident of New Jersey. (This is a legal requirement for social workers practicing in this state under a NJ license.)
2. I, the client, have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment.
3. The laws that protect the confidentiality of my medical information also apply to tele-therapy. As such, I understand that the information disclosed by me during the course of my therapy or consultation is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, which are described in the Client Registration Form I received at the start of my treatment .
4. I understand that there are risks and consequences of participating in tele-therapy, including, but not limited to, the possibility, despite best efforts to ensure high encryption and secure technology on the part of my therapist, that: the transmission of my information could be disrupted or distorted by technical failures; the transmission of my information could be interrupted by unauthorized persons; and/or the electronic storage of my medical information could be accessed by unauthorized persons.
5. There is a risk that services could be disrupted or distorted by unforeseen technical problems.
6. In addition, I understand that tele-therapy based services and care may not be as complete as face-to-face services. I also understand that if my therapist believes I would be better served

by another form of therapeutic services (e.g. face-to-face services) I will be referred to a professional who can provide such services in my area.

7. I understand that I may benefit from tele-therapy, but that results cannot be guaranteed or assured. I understand that there are potential risks and benefits associated with any form of psychotherapy, and that despite my efforts and the efforts of my therapist, my condition may not improve, and in some cases may even get worse.

8. I accept that tele-therapy does not provide emergency services. If I am experiencing an emergency situation, I understand that I can call 911 or proceed to the nearest hospital emergency room for help. Clients who are actively at risk of harm to self or others are not suitable for tele-therapy services. If this is the case or becomes the case in future, my therapist will recommend more appropriate services.

9. I understand that there is a risk of being overheard by anyone near me if I am not in a private room while participating in tele-therapy. I am responsible for (1) providing the necessary computer, telecommunications equipment and internet access for my teletherapy sessions, and (2) arranging a location with sufficient lighting and privacy that is free from distractions or intrusions for my tele-therapy session. It is the responsibility of the psychological treatment provider to do the same on their end.

10. I understand that dissemination of any personally identifiable images or information from the telemedicine interaction to researchers or other entities shall not occur without my written consent.

I have read, understand and agree to the information provided above regarding telehealth:

Client's Signature: _____ Date _____

Therapist's Signature: _____ Date _____